



Monthly Newsletter

August - 2024

**Transforming lives of communities through
Education, Environment and Empowerment initiatives**



Overview

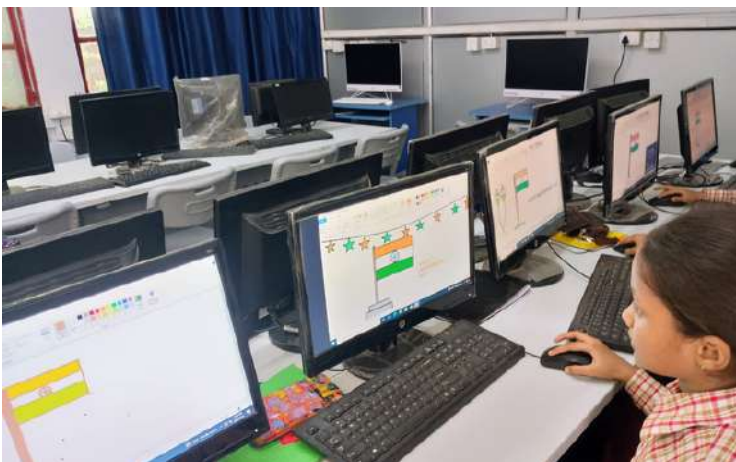


In August, we suffered with heavy rain across regions & flash flood in Vadodara district. Government schools were closed for five days and our educators worked relentlessly to ensure safety, awareness on preventions of illness, online classes and so on.

Along with it Cosmo Foundation celebrated significant initiatives. We marked the 78th Independence Day of India with a renewed commitment for national progress under the theme "Vikasit Bharat." Our celebrations included first anniversary of Cosmo Biodiversity Hub, which demonstrated impressive strides in environmental stewardship. We also conducted transformative life skill and digital skill building that facilitates empowerment of rural women. Under the project 'Nari ki Sawari' women have completed two & four wheeler driving course and empowering them with skills and employability.



Our educational initiatives, such as donation of notebooks, awarding certificates for Digital Skill Building Program, robust training of balmitras on Maths, enhancing capacity of govt. school teachers with English Tutors laid the groundwork for brighter futures. Celebration of Raksha Bandhan & Janmashtami. This month highlighted our on-going dedication to growth, creativity, and community spirit. These milestones reflected the profound impact of our collective efforts.





Cosmo Biodiversity Hub

One of the biggest in Maharashtra
1st Anniversary – August 2024

On the eve of 1st anniversary of Cosmo Biodiversity Hub, Chhatrapati Sambhaji Nagar, we are happy to share the progress being made in nurturing nature and promoting biodiversity. Set up in August 2023 in collaboration with Indian Army and implementation partner Prayas Youth Foundation, this hub has transformed into a thriving sanctuary with **40,000+ trees and 80 forest species**, attracting a diverse range of birds, insects, and mammals. Our efforts are a testament to the power of commitment towards environmental sustainability and the resilience of nature.

Glimpses of Bio-Diversity Hub



Inauguration of Bio-Diversity Hub

"Biodiversity is the cornerstone of a healthy planet. Through Cosmo Biodiversity Hub, we are not only planting trees but also sowing the seeds of a sustainable future for generations to come."

Ms Yamini Jaipuria, Managing trustee, Cosmo Foundation.



Blooming Plants



Seed ball making



Artificial pond



Vermi compost





Nari ki Sawari – Empowering women with four wheeler Driving

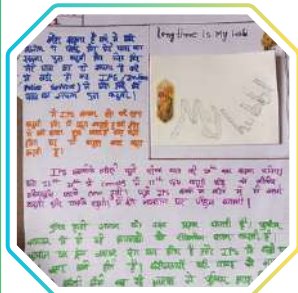
Cosmo Foundation organized two-wheeler and four-wheeler driving courses for **22 women**, empowering them with the skills to navigate their daily lives more efficiently. All 20 women successfully obtained their two-wheeler driving licenses, while in the four-wheeler course, 10 received their final licenses, and the remaining 10 obtained their learning licenses, with final licenses expected within a month.



Impact: Sujata, a loan officer in a remote village, was on the verge of losing her job due to transportation challenges. After completing the driving course, she now carools with three other women, ensuring they all reach their workplace on time. Daksha, a local entrepreneur from Karjan, has expanded her business by traveling to rural areas, thanks to her newfound driving skills. Bhumika, from the most remote village, confidently drives on the highway and plans to buy a second vehicle to enhance her family's income. Minaxi, after learning to drive, now helps her husband by driving his auto and bringing fodder for their buffaloes, while he has taken up a job at a local company.

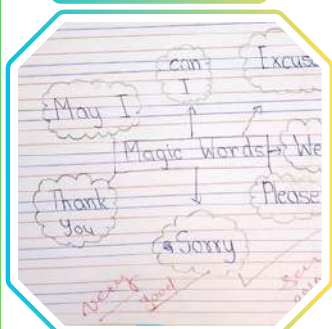


Empowering Rural Girls with Soft Skills Training



Cosmo Foundation with support of The Core Teamwork-Delhi conducted transformative four-day training sessions for **120 rural girls** from Choranda and Methi Villages. These impactful sessions focused on equipping the girls with crucial skills in goal setting, body language, verbal and nonverbal communication and the interview process, including a mock interview experience. The training not only empowered these young rural girls to pursue their ambitions with confidence but also reinforced our dedication to fostering growth and opportunities in rural communities. The enthusiasm and progress witnessed during these sessions highlight the profound impact such initiatives have in shaping a brighter future for these girls.

Action plan is prepared by girls & Cosmo teachers and working on it. Pratiksha our English teacher from Chatrapati Sambhaji Nagar does regularly magic words with children.



[Click here to view](#)

Empowerment



Empowering Shalinis with Digital skills and English Communication

11 aspiring Shalinis from Gangapur were honoured with Certificates on 15th August in public program at their village as they completed Basic Computer certificate course. Four Shalinis completed English Language proficiency course in summer batch. Empowering shalinis with skill development.

I am Asmita Subhash Waghchoure, currently preparing for the NEET exam as aspiring to become a doctor with the guidance & support of CF. I have been honoured with the Shalini Fellowship and, over the past two years, have had the opportunity to learn and grow through Cosmo Foundation and USF. During the summer batch, I have completed computer literacy and the English Fluency Development course offered by the foundation, and it has significantly helped me. In this course, I gained understanding of fundamentals of English, improved my English conversation abilities, learnt parts of speech and tenses, and adhering to proper etiquette and manners. Initially, I lacked confidence in speaking English fluently. However with the supportive environment and encouraging teachers helped me overcome this challenge. English Faculty presented complex concepts in a simple and effective manner, which greatly contributed to my confidence and speaking ability. Thanks to their motivation and clear teaching methods, I now have the courage to speak publicly. The skills I developed in this course has not only enhanced my English proficiency but also bolstered my self-confidence, both of which are proving to be essential as I prepare for the NEET exam.



Asmita Subhash Waghchoure
Shalini - Turkabad, Gangapur

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Empowering wellness: Seminar on Women's Health and Nutrition

Cosmo Foundation hosted a dynamic seminar focused on women's health, nutrition, and hygiene at Turkabad, Chatrapati Sambhaji Nagar. Guided by a Nutritional Counsellor from the Saroj Devi Foundation, Women Teachers & Leaders of the village, Anganwadi workers, Asha workers and mothers learnt about hemoglobin deficiency, menstrual health, and lifestyle challenges. This session not only equipped participants with essential knowledge but also encouraged them to ensure wellness in their communities.



Empowerment through Action: Self-Defense Training for Adolescent Girls

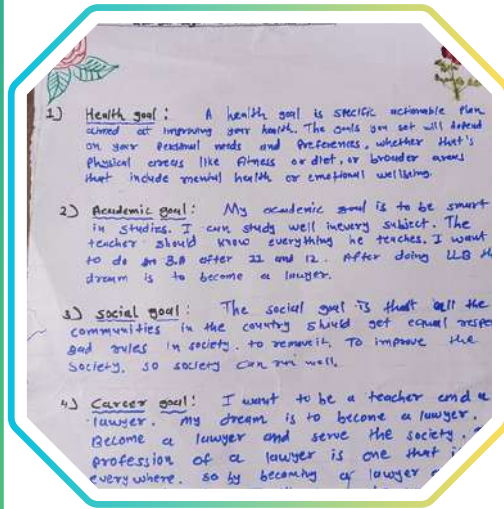
On August 27, 2024, Cosmo Foundation with the support of the Damini Squad (An initiative of Maharashtra police to ensure women's safety), Chatrapati Sambhaji Nagar organized self-defense workshop with 300 girls of Nutan Kanya Vidyalaya, Waluj! Guided by Wing Chun Martial Arts Instructor Mr. Rameshwar Chayal, girls mastered essential techniques like escaping hand grabs and defending against knife attacks. They also learned valuable skills like mental awareness, eye contact, and body language. The workshop aimed to enhance safety of girls in public places and prevent crimes against women. Mrs. Dhobale, Headmistress of Nutan Kanya Vidyalaya, delivered an inspiring message on the importance of safety and self-confidence, encouraging girls to live fearlessly and assertively.



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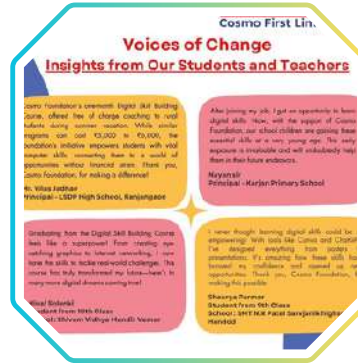
Glimpses of Soft Skill Training





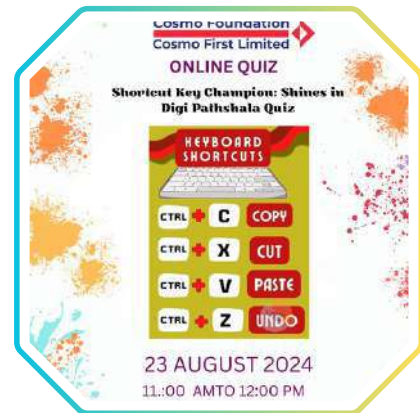
Certification for Digital Skill Building Course

Digital Skills for a Brighter Future! On the eve of Independence Day, we proudly honored **395 students** who successfully graduated from our Digital Skill Building Course at Cosmo Computer Centers in rural Gujarat and Maharashtra. These talented youth have mastered essential digital skills, preparing them for real-world challenges and opportunities. From Graphic Design and Internet Networking to practical tools like ChatGPT and Canva, they've learned how to create everything from marks sheets and salary sheets to effective presentations, posters, logos, and event cards. Their skills are not just impressive they're transformative! We're on a mission to create a digitally educated generation, and these students are leading the way. Here's to building brighter futures through digital empowerment!



Shortcut Key Champion: Shines in Digi Pathshala Quiz

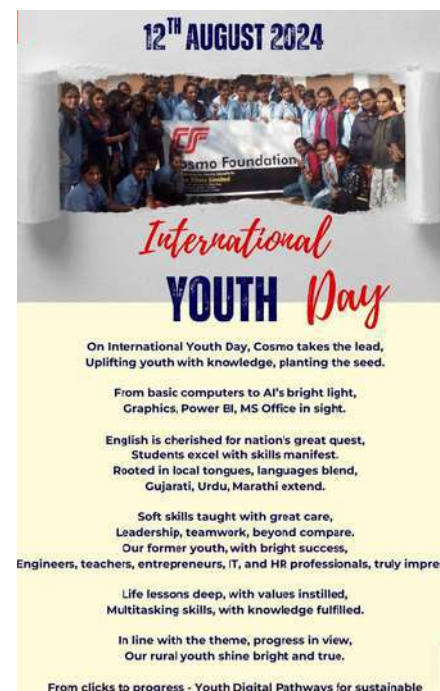
We're delighted to share that under Cosmo Foundation's Digi Pathshala program, an online Shortcut Key Quiz was organized, **77 students** in a fun and educational challenge. Thakor Piyush, a 9th-grade student from Shri Kanam Vidyamandir, village Choranda, emerged as the top performer, answering all questions correctly in record time and scored 100%. Heartfelt congratulations for this remarkable achievement!



International Youth day – Way for a Greener, Digital Future



Cosmo Foundation, in collaboration with Patel J.K. School, Kandari, Karjan, celebrated International Youth Day with an inspiring session titled "Preparing Youth for the Green Jobs and Digital Economy." This engaging event brought together **31 students** from class 9, who explored the importance of green jobs and the digital economy in shaping a sustainable future. Guided by Adarsh Chaturvedi, an intern from MHRM the Faculty of Social Work, MSU. Students delved into the critical role that today's youth play in fostering environmental stewardship and driving technological innovation. This session ignited a passion for contributing to a greener and more digitally connected world.





Empowering Educators: Transforming English Fluency

Our Study Circle initiative, held every Saturday, is transforming English proficiency among Cosmo teachers. Through engaging with our module videos and YouTube content, teachers are overcoming language barriers, building confidence, and improving their teaching effectiveness. Each session combines video reviews and exercises, enabling clearer expression and a more dynamic classroom environment. We have organized orientation of English module in four schools of Gangapur Jikthan, Waluj, Turkabad and Ranjangaon. This program not only enhances teachers' English fluency but also amplifies their impact in the classroom, fostering a more engaging and effective learning experience.



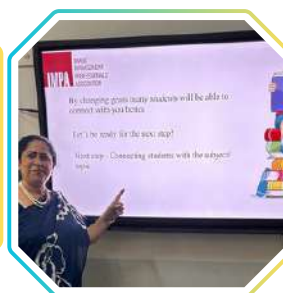
Art of Answering - Soft skill Training of students of Vidya School, Delhi

IMPA Delhi Chapter in association with Cosmo Foundation has had a brilliant opportunity to provide CSR sessions to Children of Bal Vidya a school, for underprivileged children. Here the Trainers had the opportunity to engage with **Grade 4 and 5 children** and brought in some wonderful ways to understand the **"ART OF ANSWERING"**. The session brought in activities which kept the children engaged, motivated and helped them get over the "Fear of Failing".



Engage to Inspire - Training of Vidya teachers

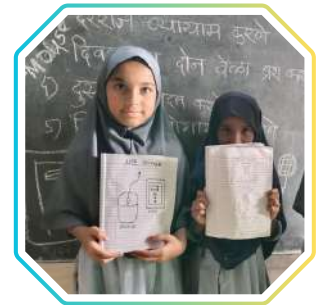
Delhi IMPA successfully conducted an interactive session Engage to Inspire with the teachers of Vidya. The session was conducted by Jaspreet Kaur and Anjali Basra wherein they recreated the classroom scenes along with the teachers of Vidya. This simulation brought to light the issues faced by the teachers in the daily scenarios. The brainstorming activities provided the solutions to these problems. One such solution was building the human connection with the students and beginning the classroom in an impactful manner. Interdisciplinary Learning and its significance was beautifully conveyed through various activities. The power of recall and use of props/ teaching aids saw very enthusiastic participation.





One Notebook at a Time

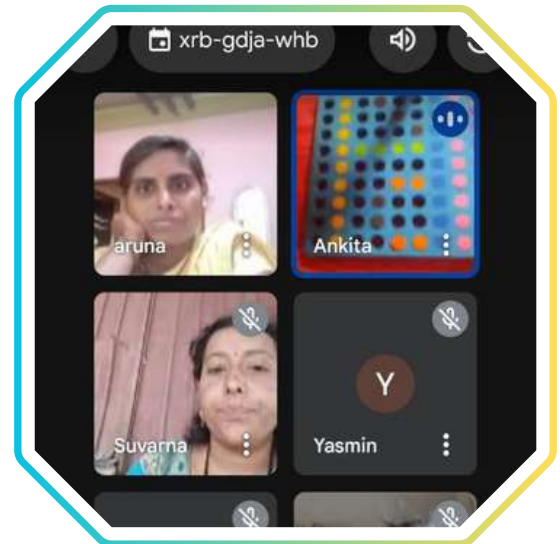
In a heartfelt initiative to uplift rural education, Cosmo Foundation has distributed **13,000** notebooks across rural schools in Karjan and Gangapur block of Gujarat and Maharashtra. These notebooks are more than just school supplies they are the building blocks of countless dreams, sparking creativity and unlocking the potential of every student. Each page represents a new story to be written, a lesson to be learned, and a world to be explored. Together, we are laying the foundation for a brighter future, one notebook at a time.



Capacity Building of Community based Teachers

Next-Gen Math Tools: Enhancing Teaching with Creativity

From August 5-7, 2024, we hosted transformative online training sessions for Balmitra, guided by our talented Cluster Coordinator Ankita Patel. Participants delved into innovative tools like number flashcards and Alphabet techniques, learned to create effective place value kits, and explored engaging methods for teaching math with various tools, exercises and practical applications. Highlights included interactive jungle games that made addition and subtraction fun and hands-on techniques for teaching shapes, colours, patterns, etc. These sessions are crucial for enhancing teaching methods and shaping a brighter educational future.



Nurturing Young Minds: Training on developmental Needs of Children

Cosmo Foundation
Cosmo First Limited

ONLINE SESSION ON
Nurturing Young Minds:
Training on developmental Needs of Children

Objective of the Session:

- Understand Key Concepts in Child Psychology
- Differentiate Between Growth and Development
- Apply Insights to Enhance Teaching Methods
- Foster a Nurturing Learning Environment

Educator:
Ms. Namira Khan,
Computer Teacher,
Cosmo Foundation, Waluj

DATE: 1 AUGUST 2024, THURSDAY
TIME: 2:00 PM TO 4:00 PM

On August 1, 2024, thirteen teachers from eight schools joined an enlightening online session led by Ms. Namira Khan Cosmo Computer Teacher. The training explored the intricacies of Child Psychology, offering crucial insights into nurturing children in today's fast-paced world. Teachers gained a deeper understanding of the lifelong journey of development, learning to differentiate between growth (measurable changes) and development (qualitative changes) across physical, cognitive, emotional, and social aspects. Ms. Khan inspired educators to adopt a child-centered approach, encouraging them to move beyond traditional methods and cultivate curious, creative minds. As she beautifully presented, **“Think of children as plants we’re the gardeners, fostering an environment where they can thrive and grow.”**

Events and celebrations



15th August - 78th year of Independence Day

15th August - As we celebrate the 78th year of Independence Day, Cosmo Foundation embraced the spirit of "Vikasit Bharat" – a vision of a developed and empowered India. Today, we honor the freedom that has shaped our journey and renew our commitment to fostering progress and sustainability in every corner of our country.

Across the schools Cosmo teachers participated in flag hoisting ceremony. village leaders and school principals appreciated partnership and contribution of Cosmo Foundation for the children and youth of their village.

[Click here to view](#)



Rakhi Making Workshops & Raksha Bandhan Celebration



Cosmo Foundation - organized Rakhi-making workshops where creativity and tradition beautifully intertwined! Across Karjan Taluka and in Chhatrapati Sambhaji Nagar, over **1700+ children** participated to craft their own rakhis using colorful papers, flowers, beads, and wool. The workshops were more than just a creative activity it was an opportunity for the children to learn about Raksha Bandhan's cultural significance, explore its different names in various states, and delve into the myths and stories associated with this cherished festival. The celebration reached to its peak as the younger students tied the handmade rakhis on their classmates, embracing the spirit of protection, love, and unity. Through these workshops, Cosmo Foundation not only celebrated a traditional festival but also nurtured creativity, cultural awareness, and a spirit of community solidarity among children.

[Click here to view](#)

Naag Panchami: Embrace the Harmony of Nature!

Cosmo Foundation recently marked Naag Panchami with celebrations across its centres in Asegaon, Ranjangaon Pol, and Ambelohal, engaging **70 students** in vibrant activities. The students participated by drawing serpents and learning about the festival's connection to nature and environmental balance. Honoring the sacred serpent, a symbol of ecological equilibrium, this festival underscores the need to protect wildlife and natural habitats.



Events and celebrations



National Space Day: A Tribute to India's Space Pioneers

In honour of India's ground-breaking achievements in space exploration, particularly the monumental success of Chandrayaan, Cosmo Foundation organized an exciting National Space Day celebration across our computer centers! Our young stars from rural primary schools engaged in a quiz competition, organized by the Ministry of Education, Department of School Education and Literacy. Quiz was not just a test of knowledge but a journey through India's rich history in space missions! Adding to the excitement, we screened a video on historic space missions, sparking curiosity and dreams of a future in STEM fields. These activities are part of our unwavering commitment to empowering rural youth and igniting their passion for science and technology. We believe in nurturing the next generation of innovators, dreamers, and leaders. Together, we're paving the way for a brighter, more inclusive future, where every child has the opportunity to reach for the stars!



National Sports Day Celebration with Rural Students!

On August 29th, Cosmo Foundation made National Sports Day truly memorable for rural student by organizing a range of indoor and outdoor games including cricket matches, badminton, chess competition, traditional games like kho-kho and many others, we aimed to teach valuable lessons in teamwork, discipline, and perseverance. This day wasn't just about playing; it was about learning and growing through sports. Every game was an opportunity for students to embrace essential values and develop life skills.



Celebration of Janmashtami!

This year, **5000+** amazing young students from Cosmo Foundation Karjan and Gangapur block brought the magic of Lord Krishna's love to life across 28 villages! They transformed into the role of Radha and Krishna, spreading joy and devotion far and wide. From Dahi Handi to songs to decoration and sharing timeless stories of Lord Krishna, the day was filled with laughter, tradition, and divine wisdom. Together, they embraced the true spirit of Janmashtami, spreading love and unity.





Activity Calendar September 2024

Employees of Cosmo First are invited to participate and contribute to CSR activities in the following events on virtual and online platform

Events

Program plan- Karjan

Program plan- Chhatrapati Sambhajinagar

5th September 2024 International Teacher's Day	Sharing Empowering Journey of Cosmo Educators On virtual Platform Time: 5.00 PM to 7.00 PM	
6th September 2024 Parents meeting National Nutrition Week	Awareness session on Balanced Diet for Healthy Lifestyle on Virtual platform Time: 6.00 PM to 7.00 PM	
6th September 2024 Launching of Green and Clean School Campaign	Awareness session on Plastic Waste Collection with school management committee Time: 11:00 AM to 12:00 PM Venue: Primary School, Sambhoi	Mere Sapno Ka Kagzipura Drawing Competition Time: 11:00 AM to 1:00 PM Venue: Z.P School, Kagzipura
8th September 2024 International Literacy Day	Launch of One Day One Story Campaign with Pratham Books Venue: Primary School, Khandha, Karjan Bal Vidya School, Delhi Time: 3.00 PM to 5.00 PM	Launch of One Day One Story Campaign with Pratham Books Venue: Z.P. School, Jikthan Time: 3.00 PM to 5.00 PM
13th September 2024	New Computer Lab Inauguration Time : 11.00 AM to 1.00 PM Venue : Primary School, Kothiya	Inaugural Function of Cosmo English Tutor YouTube Channel (Marathi Version) Time : 11:00 AM to 12.30 PM Venue: Z.P. School, Turkabad
13th September 2024 Ummed Ki Kiran	Empowering girls with - Financial literacy On virtual platform with rural girls Time : 2.30 PM to 4.30 PM	
14th September 2024 Hindi Day	Essay Writing Competition on Viksit Bharat Time: 2.00 PM to 3.30 P.M. Venue: Patel J.K. Sarvajajnik High School, Kandari	Guest Lecture on "Importance of Hindi Language and career Opportunities" Time: 9.00 AM to 12.00 PM Venue: Shri Ganesh Vidyalaya, Gajgaon
10th to 16th September 2024	Orientation of Cosmo English Tutor Time: 11.00 AM to 1.00 PM Venue : Miyagam, Dethan, Koliyad, Kurali, Methi	Mentor Mentee Meet Time: 4.00 PM to 5.00 PM Venue : on Virtual platform
16th September 2024 World Ozon Day	Tree Plantation at Cosmo Films, Karjan Time: 2.30 PM 00 to 4.00 PM	Cleanliness Drive (Plastic Waste collection) Time: 11. AM 00 to 1.00 PM Venue: Kagzipura
19th September 2024 Ummed Ki Kiran	Empowering girls with - Communication skill On virtual platform with rural girls Time : 2.30 PM to 4.30 PM	
26th September 2024 World River Day	Cleanliness Drive at River bank Narmada Time: 9.00 AM to 11.00 AM Venue: Village Kothiya	River Walk and Educational Tour Time: 3.00 PM to 5.00 PM Venue: Asegaon
30th September 2024 International Translator Day	Orientation to Digital Translation tools Time: 3.00 to 5.00 On Virtual platform	



Madhuri Gudade · 1st
STUDENT AT CSMSS, CHH. SHAHU ...
2d · Edited · 🌐

New certification...
I successfully completed auto-electrical and EV assembly technician training...

In that I have learnt about Electric vehicles, how to perform assembly of different components, complete knowledge about components of EV like different motors, controllers, batteries, headlight connections and converters and perform hands on practical. This EV training helps me a lot...

I'd like to Thank you **Imperial Society of Innovative Engineers (ISIE)**, **Cosmo Foundation** and **Jullundur Motor Agency (Delhi) Ltd** for such a wonderful training. Very much thankful to you **Rupali Agrawal** ma'am.



Media Coverage

कोस्मो फाउंडेशनतर्फे स्वसंरक्षण प्रशिक्षण

छत्रपती संभाजीनगर : कोस्मो फाउंडेशन, विंग चून मार्शल आर्ट आणि दामिनी पथक यांच्या संयुक्त विद्यमाने नूतन शाळेच्या विद्यार्थिनींसाठी स्वसंरक्षण प्रशिक्षण वर्ग घेण्यात आला. प्रशिक्षक रामेश्वर चायल यांनी ३१० विद्यार्थिनींना स्वसंरक्षणाची तंत्रे शिकवली. त्यांनी आपत्कालीन परिस्थितीत सुरक्षितता कशी राखावी, दामिनी पथकाचा टोल फ्री नंबर कसा वापरावा, याविषयी मार्गदर्शन केले. मुख्याध्यापिका ढोबळे, कोस्मो फाउंडेशनचे रजत बाठे, क्लस्टर समन्वयक संध्या तारक, लक्ष्मीकांत बनकर, नामिरा खान यांची उपस्थिती होती.



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